

Podcast „Wild German – Outdoors (for beginners)“

SCRIPT

#2 the upper body / der Oberkörper

Topic:

- The body

Goal:

- I can name body parts of my upper body
- I can say how many of each body part I have
- I can correct wrong statements regarding the amount of body parts

Content:

- numbers 1-10
- body parts of the upper body

Grammar:

- accusative (haben + ein-)

Zeit: 0:00–1:59 – Intro

Hi everyone – welcome to our second episode of „Wild German – Outdoors (for beginners)“. My name is Jana and I'm glad you found your way back here!

Last week we started building up our vocabulary and got familiar with some first rules regarding the German language.

If you haven't done so yet, check out my website www.wildgerman.com where you will find not only the script for each episode but also learning material for last week's episode. You can use these to check on parts you haven't understood yet, get an idea of how German looks like in written form and, of course, practice what we have learnt so far.

You might, for example, have noticed that the German quotation marks in the script look a bit different. This is not an accident, but simply how we do it. The first quotation mark is at the bottom and only the second one is at the top.

Anyway, have a look, it's both for free and I think it may help you and increase the benefit of this podcast.

Talking about benefits: How was your first outdoor class? Did you enjoy the fresh air? The sun? The wind? The rain? Or simply the combination of being able to move indoors while learning German?

The biggest benefit of this podcast is the possibility of not just learning something new but also doing something for yourself, your health and fitness. So, for the next half hour, try to focus on the content but don't forget to take deep breaths, enjoy the activity, and give your head a break from everything else.

I'm sure you have your running gear or some comfy clothes on by now. So, let's get started and let's keep learning German together.

Zeit: 1:59–3:38 – Mini repetition

Episode 2 of „Wild German – Outdoors for (beginners)” will be about the body – der Körper. We will include many things we've learnt last time and continue building up on this foundation.

Let's start with a little bit of repetition: Do you remember how to count from one to ten?

I knew this isn't going to be a problem for you: eins – zwei – drei – vier – fünf – sechs – sieben – acht – neun – zehn.

Sehr, sehr gut.

Today, instead of counting things we can see around us, we will apply our counting skills to say how many of our different body parts we have. This means, we need to learn some new words.

der Körper – the body – der Körper

This time we don't need to visualize because, obviously, we all have a body. If possible, point to or touch the respective body parts we're going to talk about – at least with a minimal, quick, short movement – or, well, look at them. The more you move, act and consciously look the better and the easier it will be to remember the new words!

Zeit: 3:38–10:44 – “der Kopf” (words)

Lasst uns ein paar Körperteile lernen! - Let's learn some body parts! - Lasst uns ein paar Körperteile lernen!

Was haben wir? What do we have? Was haben wir?

Wir fangen oben an. – We start at the top. – Wir fangen oben an.

You know the drill. First, I give you the German and English word, then I say the German word slowly in singular and plural and leave enough time for you to speak. We'll do two rounds for each word.

Los geht's:

- der Kopf – head – der Kopf – Plural: die Köpfe (2x)
- das Auge – eye – das Auge – Plural: die Augen (2x)
- die Nase – nose – die Nase – Plural: die Nasen (2x)
- das Ohr – ear – das Ohr – Plural: die Ohren (2x)
- der Mund – mouth – der Mund – Plural: die Münder (2x)
- der Hals – neck – der Hals – Plural: die Hälse (2x)

Sehr gut!

Wir machen eine kurze Wiederholung. – We'll do a quick recap. – Wir machen eine kurze Wiederholung.

Don't forget to point to or touch the respective body parts when you say the German word – it really helps! I'll give you an English word, try to say the German word in singular and plural. If you can only think of one version that's more than fine. We'll get there eventually by working on this step-by-step together.

Ok, los gehts:

- The head – der Kopf – die Köpfe
- The mouth – der Mund – die Münder
- The nose – die Nase – die Nasen
- The eye – das Auge – die Augen
- The ear – das Ohr – die Ohren
- And the neck – der Hals – die Hälse

Super! Sehr gut gemacht! – Well done! – Sehr gut gemacht!

Zeit: 10:44–15:19 – “der Kopf” (exercise)

Now I will ask you: Was ist das? – What is that? – Was ist das?

I will add a word in English, so you know what I am actually referring to.

Please answer with either one of two possible answers:

1. Option one: „Das ist [ein Kopf].” – This is a head. – „Das ist [ein Kopf].”
We say „Das ist [...]” when we use the singular: „Das ist [...]” – “This is [...]”
If you've had a chance to do the exercises from episode one, you will already know this one. If not, don't worry, by the end of this episode you'll be perfect at it.

2. Ok, option two: For the plural we use „Das sind [...]“ – “These are [...]”
For example: „Das sind [zwei Augen].“ – These are two eyes. – „Das sind [zwei Augen].“

Again: For singular „Das ist [...]“, for plural „Das sind [...]“.

We'll give it a try. It'll be like this:

- I ask: „Was ist das?“ – nose
- You say – out loud: „Das ist die Nase.“
You can touch your nose with one finger while you say that.

Fertig? – Ready? – Fertig?

Wir üben. – We practice. – Wir üben.

Was ist das? nose
Das ist die Nase.

Was ist das? head
Das ist der Kopf.

Was ist das? eyes (That's a plural.)
Das sind die Augen.
In plural: „Das sind [...]“ and the plural article *die*.

Was ist das? ears (Again a plural.)
Das sind die Ohren.

Was ist das? mouth
Das ist der Mund.

Jawohl! Sehr gut! Perfekt! Now we already have 5 body parts and their respective articles.

Breath in, enjoy the sun or rain in your face, breath out.

Du machst das ausgezeichnet! – You're doing awesome! – Du machst das ausgezeichnet!

Zeit: 15:19–21:04 – “der Kopf” (counting body parts in singular)

We can not only name our body parts, we can also count them as we did in our last class.

Remember how we used the verb „sehen“ – to see? „Ich sehe drei Fahrräder.“
Oder: „Ich sehe einen Hund“.

We will use the same structure, but a different verb. This one is called „haben“ – to have - „haben“.

Before we start the exercise:

- Words with *der* are counted with ... *einen* instead of „eins“.
- Words with *die* are counted with ... *eine* instead of „eins“.
- Words with *das* are counted with ... *ein* instead of „eins“.

Also:

- „der Mund“ becomes „*einen* Mund“ in combination with „haben“.
- „die Nase“ becomes „*eine* Nase“ in combination with „haben“.
- and „das Auge“ becomes „*ein* Auge“ in combination with „haben“.

Wir üben. – We practice. – Wir üben.

It'll be like this:

- I ask: „Was hast du?“ – nose
„Was hast du?“ – “What do you have?” – „Was hast du?“
- You say – out loud: „Ich habe eine Nase.“
„Ich habe [...]“ – I have [...] – „Ich habe [...]“

Again: I ask: „Was hast du?“, and I'll add a body part. Here “nose”. You reply with: „Ich habe eine Nase.” – “I have a nose.” – „Ich habe eine Nase.”

For now, let's just talk about all body parts in singular, so we need to pay attention to the changes for „eins”: *ein, eine, einen*.

Ok, los geht's:

Was hast du? nose
It's „*die* Nase”.
„Genau!” – Exactly! – „Genau!”
Ich habe eine Nase.

Was hast du? head
It's „*der* Kopf”.
Ich habe einen Kopf.

Super! Don't forget to point to or touch your nose and head.

Was hast du? eye
Es ist „*das* Auge”.
Correct. Ich habe ein Auge.

Was hast du? ear
Es ist „*das Ohr*“.
Ich habe ein Ohr.

Was hast du? mouth
Es ist „*der Mund*“.
Ich habe einen Mund.

Sehr gut!! Das war sehr gut! – That was really good! – Das war sehr gut!
This isn't easy, especially without being able to see the words in written form.

Zeit: 21:04–24:42 – “der Kopf” (answering questions)

Ok, take another deep breath and let's do it one more time. This time you tell me how many of the individual body parts you have. We need the numbers, we need the plural forms and, if we're talking about a body part in singular, we need to remember which one we have to use: *ein, eine, or einen*.

Please don't get stressed. Take it as a fun challenge and don't forget I will help you, too. This is not a test to show you what is difficult for you. You already learnt a lot of words and grammar and that is amazing! We keep practicing until you feel good about this. Feel free to simply rewind a couple of minutes and repeat an exercise if you feel like it's too fast. This is absolutely ok and, in fact, a good idea because it will give you more time to practice.

Ok, as always, we start with an example.

Was hast du? ears
Ich habe zwei Ohren.

I'll repeat that:

Was hast du? ears
Ich habe zwei Ohren.

Ok? Fertig? – Ready? – Fertig?
Los geht's:

Was hast du? nose
Ich habe eine Nase.

Was hast du? head
Ich habe einen Kopf.

Again, if possible, connect your words to some sort of visualization or touch.

Was hast du? eyes
Ich habe zwei Augen.

Was hast du? ears
Ich habe zwei Ohren.

Was hast du? mouth
Ich habe einen Mund.

Wahnsinn! – Incredible! – Wahnsinn!
Das war super! – That was great! – Das war super!

Zeit: 24:42–29:57– “der Oberkörper” (words)

Let's continue down the body:
der Oberkörper – the upper body – der Oberkörper

Now you can't point every time, but you can move the respective body parts. Make it physically obvious to yourself what part of the body we're talking about. Shake your arm or your hand or wiggle your fingers, whatever we're talking about.

Ok, was haben wir? – What do we have? – Was haben wir?

- die Schulter – shoulder – die Schulter – Plural: die Schultern (2x)
- der Arm – arm – der Arm – Plural: die Arme (2x)
- die Hand – hand – die Hand – Plural: die Hände (2x)
- der Finger – finger – der Finger – Plural: die Finger (2x)
In this case the singular and plural form are exactly the same word – we sometimes have that. Let's do it one more time.
- die Brust – chest – die Brust – Plural: die Brüste (2x)
So, for a male's body we usually use „die Brust” – chest, and for a female's body we usually use „die Brüste” – boobs;
this is not a 100% rule, but rather a general recommendation how to use these words.
- der Bauch – belly – der Bauch – Plural: die Bäuche (2x)
- Last one: der Rücken – back – der Rücken – Plural: die Rücken (2x) –
again the same word for singular and plural

Zeit: 29:57–38:35 – “Oberkörper” (recap and questions)

Time for a recap. I ask, you translate into German. Again, try to name the singular and plural form.

Los geht's:

belly – der Bauch, die Bäuche

hand – die Hand, die Hände

shoulder – die Schulter, die Schultern

back – der Rücken, die Rücken

Perfekt! Das läuft! That's going great! Das läuft!

arm – der Arm, die Arme

boobs – die Brüste

chest – die Brust

Last one:

finger – der Finger, die Finger

Ausgezeichnet! Amazing! Ausgezeichnet!

Ok. How are you doing? Do you still have some energy? We're more than halfway through the body and you're doing excellent! No matter if you're sweating and puffing a little bit by now or still going like you just started – you're doing awesome! Sehr gut! Keep going!

Your brain is active and awake right now and will soak in all those words – just don't forget to enjoy and appreciate your surroundings as well – maybe there's a nice river – „der Fluss” or a lake – „der See” nearby.

Maybe everybody else is going to work while you still enjoy some exercise: „Ich mache Sport.” – I exercise. – „Ich mache Sport”.

Weiter so! – Keep going! – Weiter so!

Time to practice our new body parts. This time I want you to answer with the correct amount of body parts straight away.

Answer the question to your best knowledge. Like before, I will help you with a little reminder of the correct article. But don't let that confuse you: The article is only important if you want to say that you have *one* of the respective body part. If necessary, try to correct your sentence. At the end, I'll give you the right sentence.

Ein Beispiel – an example – ein Beispiel:

Was hast du? hand

Es ist „*die* Hand”.

I want to say that I have two hands, so it's not important. I say: „Ich habe zwei Hände.“ If I wanted to say that I have one hand, the article tells me that I have to say: „Ich habe *eine* Hand.“

Easy as. Let's give it a go:

Was hast du? belly
Es ist „*der* Bauch“.
Ich habe einen Bauch.

Was hast du? shoulder
Es ist „*die* Schulter“.
Ich habe zwei Schultern.

Was hast du? finger
Es ist „*der* Finger“.
Ich habe zehn Finger. – oder fünf – or five, depending on what you count.

Was hast du? hand
Es ist „*die* Hand“.
Ich habe zwei Hände.

Was hast du? back
Es ist „*der* Rücken“.
Ich habe einen Rücken.

Was hast du? chest (singular)
Es ist „*die* Brust“.
Ich habe eine Brust.
Oder? Or? In plural?
Es sind „*die* Brüste“.
Ich habe zwei Brüste.

Was hast du? arm
Es ist „*der* Arm“.
Ich habe zwei Arme.

Uff! Sehr gut gemacht! – Well done! – Sehr gut gemacht!
Upper body – Oberkörper – done – erledigt. Oberkörper erledigt.

Zeit: 38:35–41:57 – own practice time for all body parts

You did really, really well so far! Don't forget to check out my website www.wildgerman.com where you can find today's transcript and exercises to practice everything in your own time while simultaneously practicing your reading and writing skills.

We will finish the rest of the body parts in the next episode. For now, take two minutes to practice the new words by yourself before we continue with our last exercise for the day – or, if you're with someone else, practice together!

Ask the question – either to yourself or your partner:

„Was ist das?“ – What is that? – „Was ist das?“

Point at or touch a part of your body and answer:

Use „Das ist [...]“ for a singular and „Das sind [...]“ for a plural.

Notice which words and which forms are already deep in your head and which ones not yet – don't judge, just notice. Be patient with yourself.

Feel free to take a super short break, sit on a bench or just stand, walk, maybe you're already stretching – it's been a while since we started – and practice while doing that. We have 2 minutes starting now.

Zeit: 41:57–48:09 – ja/nein questions for the whole body

Ok, episode 2 is almost over.

Letzte Übung für heute. – Last exercise for today. – Letzte Übung für heute.

Remember the 'Ja und Nein' questions from last time? Yes or no? Ja oder nein?

We will finish with these.

I ask you: „Hast du fünf Augen?“ – Do you have five eyes? - „Hast du fünf Augen?“

You reply either with: „Ja, ich habe fünf Augen.“ – Yes, I have five eyes. – „Ja, ich habe fünf Augen.“ – if that is in fact the case or you simply want to get it over with.

Or you reply with: „Nein, ich habe zwei Augen.“ – No, I have two eyes. – „Nein, ich habe zwei Augen.“

Basically, you either agree or correct me.

Let me repeat this one more time:

I ask you: „Hast du fünf Augen?“ – Do you have five eyes? - „Hast du fünf Augen?“

You reply either with: „Ja, ich habe fünf Augen“ – Yes, I have five eyes. -
„Ja, ich habe fünf Augen.“
Or you reply with: „Nein, ich habe zwei Augen.“ – No, I have two eyes. –
„Nein, ich habe zwei Augen.“

Wir können das schaffen! – We can do this! – Wir können das schaffen!
Los geht's:

„Hast du acht Köpfe?“
„Nein, ich habe einen Kopf.“

„Hast du zwei Arme?“
„Ja, ich habe zwei Arme.“

„Hast du ein Auge?“
„Nein, ich habe zwei Augen.“

„Hast du zehn Finger?“
„Ja, ich habe zehn Finger.“

„Hast du sieben Münder?“
„Nein, ich habe einen Mund.“

„Hast du eine Brust?“
This one is up to you:
„Ja, ich habe eine Brust.“
Or: „Nein, ich habe zwei Brüste.“

„Hast du sechs Schultern?“
„Nein, ich habe zwei Schultern.“

„Hast du zwei Ohren?“
„Ja, ich habe zwei Ohren.“

„Hast du drei Bäuche?“
„Nein, ich habe einen Bauch.“

„Hast du einen Hals?“
„Ja, ich habe einen Hals.“

„Hast du neun Hände?“
„Nein, ich habe zwei Hände.“

„Hast du zwei Rücken?“
„Nein, ich habe einen Rücken.“

„Hast du fünf Nasen?“
„Nein, ich habe eine Nase.“

Fertig. – Done. – Fertig! We did it!

Sehr, sehr gut gemacht! Ausgezeichnet! Ich bin stolz auf dich! I am proud of you!
Ich bin stolz auf dich!

Zeit: 48:09–49:32 – Finish

Relax and enjoy yourself. You took this time for yourself today. You did something healthy for your body and mind, and did a really good exercise for your brain. Be proud of yourself.

Klopf dir auf die Schulter. – Tap yourself on the shoulder. [or: pat yourself on the back 😊] – Klopf dir auf die Schulter. – you deserve it!

Today we learnt the upper body parts. We repeated the numbers 1 to 10 and what's important when we count. We broadened our vocabulary, again, in singular and plural, and we know how to say how many of each body part we have. We can even correct someone – „Nein, ich habe zwei Augen.“

Don't forget to make the most of your new knowledge by using the script and exercises provided. www.wilgerman.com is my website.

Ich hoffe du hattest Spaß und hast die Zeit genossen. – I hope you had fun and enjoyed this time. Genieß das Gefühl, dass du etwas Gutes für dich getan hast.

– Enjoy the feeling that you did something good for yourself.

Bis zum nächsten Mal! – See you next time!

Tschüss! Bye!